

## THE SCIENCE BEHIND BIOMAX TRUE PROTEIN

Maximuscle PROMAX LEAN contains 25g BioMax True Protein, a unique blend that is fast acting with a sustained release of protein, which gets to work fast and lasts for hours.

Typically, food protein concentrations are theoretically calculated based on the total nitrogen content, but this can cause some variances in the derived protein level. Maximuscle have gone one step further by validating the protein concentration in PROMAX LEAN by comparing the weight of the individual amino acids with the calculated factored amount, qualifying this as BioMax True Protein. We guarantee that every serving of PROMAX LEAN provides 25g of high-quality BioMax True Protein to help support the development of lean muscle.

**BioMax**  
True Protein



## THE ROAD TO RESULTS

For Maximuscle ambassadors and athletes, it's the preferred choice - they can go into competition with peace of mind, knowing that all Maximuscle products are screened for banned substances and are Informed-Sport accredited.



**TRUSTED BY ELITES**

# maximuscle



# PROMAX LEAN

NEW FORMULA

SCIENTIFICALLY FORMULATED PROTEIN TO SUPPORT LEAN MUSCLE DEVELOPMENT

25g PROTEIN

400mg L-CARNITINE

LOW FAT & SUGAR

ADDED CAFFEINE

**BioMax**  
True Protein

STRAWBERRY FLAVOUR

26 SERVINGS

990g e

# PROMAX LEAN

At Maximuscle we understand what it takes to achieve a great physique. Designed with BioMax True Protein, our unique blend provides high-quality protein to support your lean muscle goals. PROMAX LEAN is a high protein, low fat and low sugar shake to complement your daily diet. Plus it also contains L-carnitine and green tea.

## BENEFITS OF PROMAX LEAN:

### GREEN TEA & L-CARNITINE

Each serving is packed with green tea, which is derived from the plant, *Camellia sinensis*. Each serving also contains 400mg L-carnitine, a naturally occurring amino acid which plays a key role in the transport of fatty acids to the mitochondria of the cell.

### LOW IN FAT & SUGAR

PROMAX LEAN is ideal for individuals who are looking for a great tasting product that is high in protein but also low in fat and low in sugar.

### CAFFEINE

Every serving of PROMAX LEAN is formulated with 80mg caffeine to increase your focus by making you feel more alert and enhancing concentration.

### SCREENED & EFFECTIVE

Every batch of PROMAX LEAN is screened for banned substances and is registered with the Informed-Sport programme.

**INGREDIENTS:** BioMax True Protein (87%) (whey protein concentrate (milk), milk protein concentrate), fructooligosaccharide, flavourings, L-carnitine L-tartrate, colour (beetroot red), maltodextrin, green tea extract, thickener (cellulose gum), caffeine anhydrous, sweeteners (sucralose, acesulfame K), vitamin mix (niacin, pantothenic acid, riboflavin, vitamin B6, thiamin, vitamin B12).

## NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per 37g (Serving)
Energy, kJ / kcal	1557 / 372	576 / 138
Fat, g	4.8	1.8
of which saturates, g	3.4	1.3
Carbohydrate, g	13.9	5.1
of which sugars, g	4.9	1.8
Fibre, g	6.1	2.3
Protein, g	68.0	25.0
Salt, g	1.6	0.6
<b>Vitamins</b>	<b>%RI*</b>	<b>%RI*</b>
Thiamin, mg	0.6 55	0.2 18
Riboflavin, mg	0.7 50	0.3 21
Niacin, mg	8.2 51	3.0 19
Vitamin B6, mg	0.7 50	0.3 21
Vitamin B12, µg	1.3 52	0.5 20
Pantothenic acid, mg	3.1 52	1.1 18
*%RI = Reference intake		
<b>Other ingredients</b>		
L-Carnitine, g	1.1	0.4
Caffeine, mg	216.0	80.0
Green tea extract, mg	410.0	151.7

**NOTICE:** Strawberry flavour high protein food supplement drink mix containing L-carnitine, caffeine, green tea extract & B-vitamins with sweeteners. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of reach of children. High caffeine content. Not recommended for children or pregnant or breast-feeding women (32mg per 100ml). It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. This pack contains 26 servings. Suitable for vegetarians. For best before and see back of pack. Made in the EU.

**Storage Instructions:** Keep tightly sealed in a cool, dry place and away from direct sunlight. Natural settling of this product will occur during transport. This product is packed by weight, not by volume.

## HOW TO SERVE



For one serving, add one scoop of powder (37g) to 250ml of water, shake to blend and enjoy!

## HOW TO USE

ON THE DAYS YOU TRAIN  
1 serving after training +  
1 serving either mid  
morning/afternoon

ON THE DAYS YOU DON'T TRAIN  
1 serving mid morning or  
1 serving mid afternoon



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BATCH NUMBER / BEST BEFORE END:

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